

ILSI Japan's activities

The International Conference on "Nutrition and Aging"

Organized by ILSI Japan

The 1st: 'Nutrition and Aging' (1991, Tokyo)

The 2nd: 'Aging and Nutrition' (1995, Tokyo)

The 3rd: 'Longevity and Dietary Life' (1999, Tokyo)

The 4th: 'Science for Health Promotion' (2003, Tokyo)

The 5th: 'Nutritional Problems by Life Stages' (2007, Tokyo)

The 6th: 'Advanced Aging and Wellness

-from Food Supply to Dietary Habits' (2011, Tokyo)

The 7th International Conference on "Nutrition and Aging"

Autumn, 2015, Tokyo, Japan

"To stretch our healthy life expectancy"

Notice!

- Traditional Japanese cuisine (Intangible Cultural Heritage)
- Effects of a diet on mental health
- Longevity and intestinal microorganism
- Optimization of nutritional status beyond generations
- Physiology of "Physical inactivity" (Physical activity and Nutrition)

ILSI Japan / MAFF Project

Funded by Ministry of Agriculture, Forestry and Fisheries (MAFF), Japan

Organization/Region/Country	Legal Framework	Food Standards & Specifications and Methods of Analysis	Conditions for Use of Food Additives	Functional Foods (incl. Nutrition Labelling/ Claims and Health Claims)
Codex	2009	2009, 2010	2011	2013
Japan				
Korea				
China				
Taiwan				
Malaysia	2009	2009, 2010	2011	
The Philippines				
Singapore				
Indonesia	2010	2010	2011	
Thailand				
Vietnam				
Brunei				
Cambodia				
Laos	2013			
Myanmar				
India	2012	2012	2012	
Bangladesh				
Nepal				
Sri Lanka				

Workshop and Roundtable Discussion on Food Safety and Standards

March 4-5, 2014, Yangon, Myanmar

Organizer: ILSI Japan and ILSI Southeast Asia Region

Co-organizer: FDA, MOH, Myanmar

Sponsor: Ministry of Agriculture, Forestry and Fisheries (MAFF), Japan

Notice!

March 4th

Session 1: International and Regional Food Safety Framework and Standards

- Objectives and Structure of Codex
- Regulatory Frameworks and Key Challenges of Food Safety

Session 2: Food Safety in ASEAN

- Risk Assessment of Food Additives
- Import & Export Control for Food Safety
- Food Quality Control (GMP, HACCP) for SME
- Implementing Food Quality Controls in ASEAN– Industry Experience

Session 3: Risk Communication and Consumer Education

March 5th

Roundtable Discussion: Tackling Food Safety Challenges

- Updates of Food Safety Regulatory Frameworks from Cambodia, Myanmar, Laos and Vietnam

ILSI Japan CHP's activities



Project IDEA (Iron Deficiency Elimination Action)

The symposium "Micronutrient Fortification – Science and Strategy for Public Health Improvement in Asia"

IUNS 20th International Congress of Nutrition

September, 2013, Granada, Spain

Co-sponsor: ILSI Japan CHP, ILSI SEAR, ILSI FP China and GAIN

Project IDEA has worked on establishing scientific evidence related to food fortification and has proposed implementation of fortification programs for more than 10 years to both the public and private sectors.

The symposium could show a milestone in demonstrating a successful partnership between academia and both the public and private sectors for food fortification.

Symposium program



- Keynote:** GAIN's Global Strategy on Food Fortification to Improve Public Health-Asia Highlights
- China:** Iron Fortified Soy Sauce in China – An Assessment of 10 Years of Policy and Business Development
- Vietnam:** Iron- fortified Fish Sauce – Evaluating and Adopting a Successful Model
- Cambodia:** Iron Fortified Fish Sauce – Progress and Development
- Philippines:** Iron Fortified Rice – Lessons learnt, Opportunities and Challenges



Project SWAN (Safe Water and Nutrition)



Project PAN (Physical Activity and Nutrition)



Three types of promotion strategies

Introduce TAKE10! to **professionals** in local governments

Introduce TAKE10! to **elderly peer leaders** in local areas

Collaboration with **Universities or Institutes**

SWAN 1 (2005-2008)

Model Development

<Achievements>

Established a workable model for sustainable clean water supply and health communication through IEC promotion and WTF management.

SWAN 2 (2010-2013)

Model Verification

<Achievements>

Assured the effectiveness and sustainability of the SWAN model through the build-up of local capabilities.

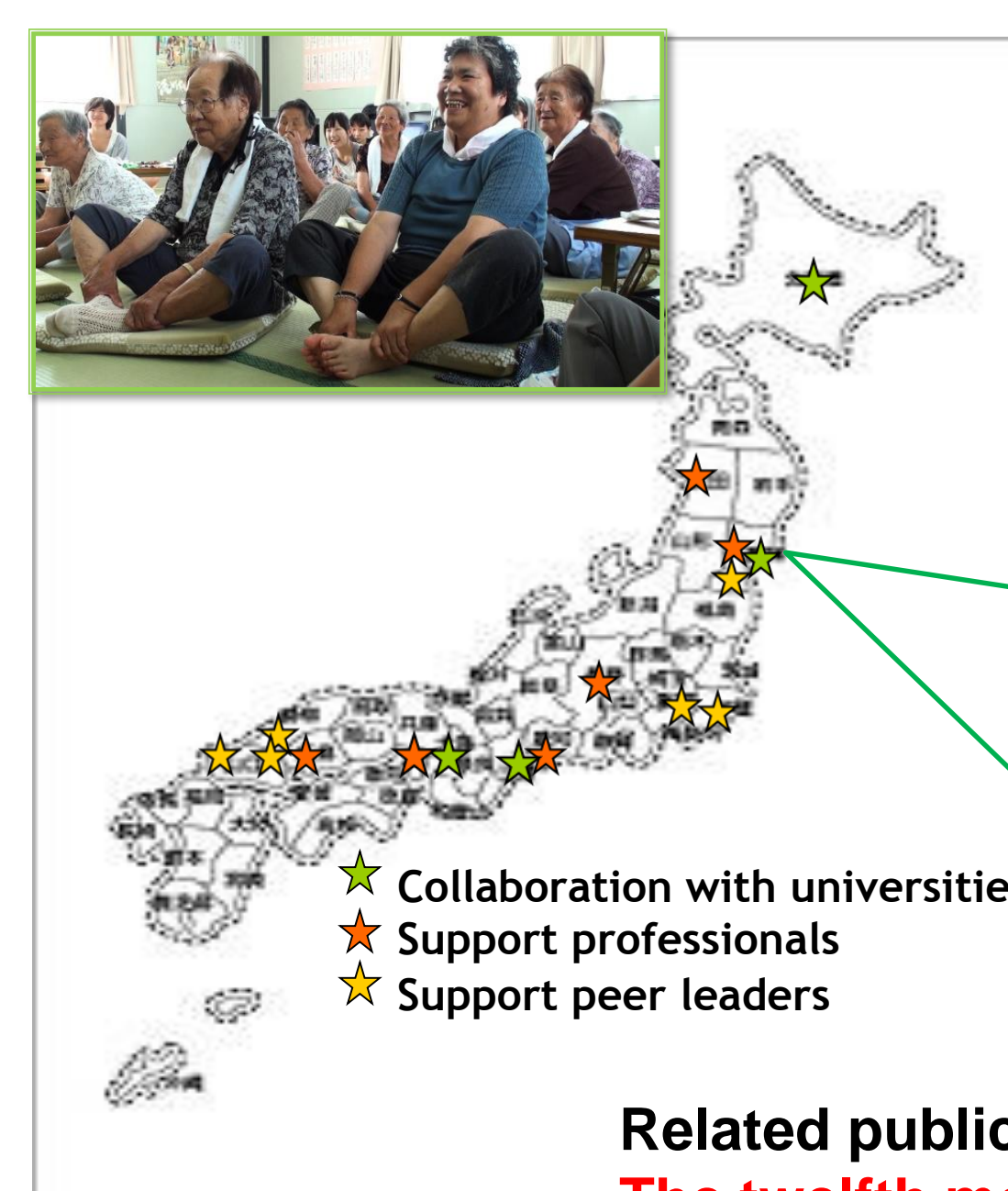
SWAN 3 (From 2013 - onward)

Model Adaptation

<Goal>

To expand the SWAN model on a nationwide basis by encouraging adoption of the model for water and health related programs in all provinces.

Related publication: PLOS ONE e70654 (2013), Takanashi et al.



Ishinomaki TAKE10!® project

To assist the Tohoku earthquake victims who live in Ishinomaki city

- Support the Social Welfare Council and local health workers.
- ILSI Japan staff train several people living in temporary housing as peer leaders, and promote TAKE10!® program with them at 3 sites.
- Students at Ishinomaki Senshu University participate in this project as TAKE10!® leaders at 4 sites.

Related publication: BMC Geriatrics 13:8 (2013), Kimura et al.
The twelfth most accessed article of 2013 in BMC Geriatrics!