Based on the latest and sound science, ILSI Japan carries on projects for resolving and disseminating scientific issues relating health, nutrition, food safety, and the environment while ensuring the international harmonization. The purpose of these projects is to contribute to better nutrition, improved health, food safety and the environment for the Japanese and people all over the world.

**ILSI Japan organization**

- Assembly of Members
- Board of Trustees

**ILSI Japan CHP (Center for Health Promotion)**

**Project IDEA (Iron Deficiency Elimination Action)**
Aims to reduce iron deficiency anemia (IDA) in developing countries by adding iron to commonly eaten, commercially produced foods such as condiments and staples, based on the dietary patterns unique to each country.

- Four different iron fortification programs have been completed in 4 countries in Asia, moving from initial investigation to implementation. The outcomes were reported at the ILSI session of the IUNS 20th International Congress of Nutrition. The fortified products are on the market in the 4 countries.
- A consortium on multiple nutrients fortification of rice was established in July 2014 to effectively and jointly develop rice fortification technology and make fortified rice available in the commercial marketplace. Tripartite (academia, industry, public) representatives from Japan, the Philippines, Vietnam, and India participated in the consortium.
- ILSI Japan CHP was invited to WHO Consultation Meeting held in New York in August 2014. This Consultation Meeting reviewed technical issues related to condiments fortification, economics, regulatory issues in order to help develop global guidelines. Five experts from ILSI Japan CHP and industry participated in the meeting.
- ILSI Japan CHP was invited to the WFP workshop on “Scale UP Rice Fortification in Asia” in Bangkok in September 2014. Our partners, FNRI was also invited and contributed by sharing technological, social programs and market information related to fortified rice.
- Project IDEA established scientific evidence and benefited more than 50 million of at-risk populations.

**Project PAN (Physical Activity and Nutrition)**
Aims to prevent lifestyle-related diseases among middle-aged people and to keep older adults out of being bedridden.

- Take10 minutes of exercise 2 or 3 times every day + Take10 food groups every day
- Primary prevention of nursing care
- Promotion of healthy dietary habits + Promotion of physical activity
- Life Style Modification
- Preventing lifestyle-related diseases

**Project SWAN (Safe Water and Nutrition)**
Aims to establish sustainable supplies of safe water and health management models in rural and suburban areas through a participatory approach.

- High praise from provincial governments: 3 locations - 11,000 people
- High praise from provincial governments: 16 locations - 110,000 people
- In 2014: Nam Dinh Province - Bac Giang Province Province (new)
- By 2017: Expand to 2 additional provinces
**ILSI Japan / MAFF Project on Food Regulations:**

**Summary of Countries and Items to Investigate**

**Funded by Ministry of Agriculture, Forestry and Fisheries (MAFF), Japan**

**Overall Objectives:**

- To investigate Legal Framework on Foods and Food Additives in Asian Countries for the purpose of supporting food industry to expand overseas businesses in the fast-growing markets of emerging countries.
- To facilitate harmonization of food regulations/standards and fair trade, and further to help secure food safety within Asian region, by disseminating and sharing information investigated.

**Countries Investigated:**

<table>
<thead>
<tr>
<th>Countries</th>
<th>Legal Framework of Foods — Conditions of Use, and Food Certification</th>
<th>Commodity Food Standards</th>
<th>Food Additives</th>
<th>Non-alcoholic Beverages, Food Labelling and Packaging Regulations</th>
<th>Regulated Palm Oils and Palm Oil Products</th>
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**ILSI Japan’s activities**

**The International Conference on “Nutrition and Aging”**

Organized by ILSI Japan

The 1st: “Nutrition and Aging” (1991, Tokyo)
The 2nd: “Aging and Nutrition” (1995, Tokyo)
The 3rd: “Longevity and Dietary Life” (1999, Tokyo)
The 4th: “Science for Health Promotion” (2003, Tokyo)
The 5th: “Nutritional Problems by Life Stages” (2007, Tokyo)
The 6th: “Advanced Aging and Wellness - from Food Supply to Dietary Habits” (2011, Tokyo)

**The 7th International Conference on “Nutrition and Aging”**

September 29-30, 2015, Tokyo, Japan

“**To Stretch Our Healthy Life Expectancy**”

- Traditional Japanese cuisine (Intangible Cultural Heritage)
- Optimization of Nutritional Status as Preemptive Medical Care
- Diet and Cranial Nerve Function
- Research Perspective of Intestinal Microorganism
- Physiology of “Physical inactivity” (Physical activity and Nutrition)

**ILSI Korea, Seoul, 2009**

**ILSI FP in China, Beijing, 2010**

**ILSI Japan, Tokyo, 2011**

**ILSI Korea, Seoul, 2012**

**ILSI FP in China, Beijing, 2013**

**ILSI Japan, Tokyo, 2014**

The 6th BeSeTo meeting was held on September 25-26, 2014 in Tokyo, Japan:

- to share the information on emerging food and nutrition safety issues, recent regulatory issues/changes and updates on the events on the risk assessment in China, Korea, Japan, and India;
- to discuss possible collaboration to ensure food safety in the Asian region.

**ACN2015 (12th Asian Congress of Nutrition)**

“Nutrition and Food for Longevity: For the Well-Being of All”

Pacific Yokohama (1-1-1 Minato Mirai, Nishi-ku, Yokohama 220-0012, Japan)

**Food Safety Program in Asian Countries**

Date: May 17th (Sun), 13:50-15:50 (120 minutes)

Chair: Ryuji Yamaguchi, Lucy Sun Hwang

13:50-13:55 Opening remarks
13:55-14:20 Food Safety and Sanitation Regulations in Taiwan
Lucy Sun Hwang
14:20-14:45 The role of risk assessment in the regulatory control of aluminum containing food additives in China
Junshi Chen
14:55-15:20 Facilitating Food Standards harmonization in ASEAN
- ILSI Southeast Asia Region’s Scientific Initiatives –
  Pauline Chian
- Halal Food in the ASEAN
  KI Hean Park
15:20-15:45 Climate change on food safety in Korean peninsula
15:45-15:50 Closing

*Proceedings* will be published as a special edition of “Journal of Nutritional Science and Vitaminology” in April 2016.