Conference Latest trends and regulatory issues in the medical device market in the USA and Canada

San Jose, Costa Rica. On October 11, the Committee on Pharmaceutical Issues and Medical Devices, in collaboration with Dentons Muñoz and CeNAT-LANOTEC, organized a free event on technosurveillance experiences in the United States and Canada.

For this conference, the participation of:

- Dr. Ileana Roverssi, member of the National Center of Pharmacy and Techno-Surveillance, the Ministry of Health of Costa Rica,
- Dr. Edward Dougherty, international expert who is the global director of Dentistry’s Health Sciences practice,
- Dr. José Roberto Vega-Baudrit coordinator of the Committee on Pharmaceutical Affairs and Medical Devices and Director of LANOTEC and
- Multiple representatives of the Medical Device Industry and the academy.
Symposium

Food Safety in the Food Industry and Food Services.

San Jose, Costa Rica. From 5 to 9 November 2018, the celebration of the National Food Safety Week was held, with the theme: "Safe food for consumers around the world, anytime, anywhere". Within the framework of this celebration and of the cooperation agreement between the Ministry of Economy, Industry and Commerce (MEIC), organizer, and ILSI Mesoamerica, it is decided through the Analysis Committee to support the activities through the participation of the expert exhibitor Dr. Fernando Sampedro of the University of Minnesota.

Dr. Sampedro participated in the inauguration of the safety week held at IICA and after that, on November 6 and 7, the Symposium on Food Safety in the Food Industry and Food Services was held. Where also included the participation of Engineers Catalina Chaves and Gerardo Ugalde of the company Food Partnes as experts exhibitors on issues related to safety in Public Food Services.

Many companies in the food industry, government officials, academia and companies that provide food services to the public attended it.
Training in Processes and Regulations of CODEX for Central America and the Dominican Republic, in Costa Rica

San Jose, Costa Rica. On November 14 and 15, the Process and Codeine Training Workshop of Codex Alimentarius was held for Central America and the Dominican Republic, on this occasion the participation of government officials and academics that are part of the different Codex Committees of Costa Rica. In addition, representatives of the food industry from Panama, Mexico, Guatemala and Costa Rica participated.

The entire team led by the Codex Secretariat in Costa Rica was in charge of the workshop: Licda. Tatiana Cruz, Ing. Amanda Lasso and Licda. Melina Flores, Mr. Alonso Carrion, in addition to the valuable participation of Mr. Vice Minister of the Ministry of Economy, Industry and Commerce (MEIC) Mr. Carlos Mora, who opened the workshop.

The objective of the workshop was to strengthen the knowledge and technical capacities of the members of the National Codex Commissions (CNC) and the development of Codex regulations in Central America and the Dominican Republic.

It is important to remember that this project is articulated through the cooperation agreement signed between the Ministry of Economy, Industry and Commerce of Costa Rica (MEIC) and ILSI Mesoamerica. During the month of April countries such as El Salvador, Honduras and Guatemala were visited and in the month of May, Panama and the Dominican Republic were visited; we have the workshop in Nicaragua for 2019.
Forum: Data and Science to achieve your New Year’s resolutions

San Jose, Costa Rica. On December 11, 2018, ILSI Mesoamerica held a free forum that provided participants with a guide of scientific bases and practical tools to effectively reach their health and wellness goals in 2019.

The event called "Data and science to achieve its New Year’s resolutions", focused on the three purposes that people most commonly make at the start of a new year: controlling their body weight, quitting smoking and being more physically active.

The first exhibition by Dr. Gabriela D Arsié developed topics related to the way in which we must build our plan to make the changes. In the case of people who want to change their body weight, Dr. Ligia Chaves presented the need to make the adjustment of eating habits without extreme diets.

The cessation of smoking was presented to the clinics that the CCSS directs as the most successful option that smokers have to quit this habit and thus achieve to be healthier. The Licda. Mayi Cedeño, coordinator of the clinic located in the hospital Mexico, presented the structure of the therapy as well as the successful level of cessation that this program has, since 73% of the people who comply with the annual program manage to stay without smoking.

Being a forum open to the public and highly promoted by all the media (radio, press and television) in the country, it allowed many people outside the organization to know our work in favor of public health as well as our commitment of not receiving support from the tobacco industry. To end the forum, Licda. María Fernanda Herrera of the REDCIMOVi project put all the participants to move for a more active and healthy 2019. You can review the exhibitions in the link: