Based on the latest and sound science, ILSI Japan carries on projects for resolving and disseminating scientific issues relating to health, nutrition, food safety, and the environment while ensuring international harmonization. The purpose of these projects is to contribute to better nutrition, improved health, food safety and the environment for the Japanese and people all over the world.

**ILSI Japan organization**

- Assembly of Members
- Board of Trustees
- Food Safety Research Committee
- Biotechnology Research Committee
- International Cooperation Committee
- Food Functionalities Research Committee
- Nutrition and Health Research Committee
- CHP (Center for Health Promotion)

**ILSI Japan**

**Legal Framework of Foods and Food Additives in East Asia**

FY 2012 Financial Supports for Promoting the “Sixth Industry” in Agriculture, Forestry and Fisheries in Rural Areas

Investigated by the International Cooperation Committee of ILSI Japan.

**International conferences on Nutrition and Aging**

Discussing the latest scientific findings on nutrition and healthy aging

Organized by the Nutrition and Health Research Committee.

**ILSI Japan CHP (Center for Health Promotion)**

**ILSI PROJECT**

**IDEA**

Reducing iron deficiency anemia by adding iron to commonly-eaten condiments and staples.

Four countries have been implementing the iron fortification program in a national wide basis.

- China (Soy sauce)
- Vietnam (Fish sauce)
- Cambodia (Fish / Soy sauce)
- Philippines (Rice)

**Project PAN (Physical Activity and Nutrition)**

Preventing lifestyle-related diseases among middle-aged people and keeping older adults out of being bedridden.

LISM10® (Lifestyle Modification) for adults in worksites has been adopted by five companies in Japan.

TAKE 10® for older adults has been expanding to more than 15 communities and organizations in Japan.

**Project SWAN (Safe Water and Nutrition)**

Establishing sustainable water supply and health management models in rural and suburban areas through a participatory approach.

Nineteen communities have been implementing SWAN model in Vietnam.

Province/district-led SWAN is now underway in 2 provinces.