### ILSI Japan’s activities

#### The International Conference on “Nutrition and Aging”
Organized by ILSI Japan
The 1st: ‘Nutrition and Aging’ (1991, Tokyo)
The 3rd: ‘Longevity and Dietary Life’ (1999, Tokyo)
The 4th: ‘Science for Health Promotion’ (2003, Tokyo)
The 5th: ‘Nutritional Problems by Life Stages’ (2007, Tokyo)
The 6th: ‘Advanced Aging and Wellness’ (2011, Tokyo)

#### Workshop and Roundtable Discussion on Food Safety and Standards
March 4th
Session 1: International and Regional Food Safety Framework and Standards
- Objectives and Structure of Codex
- Regulatory Frameworks and Key Challenges of Food Safety

March 5th
Roundtable Discussion: Tackling Food Safety Challenges
- Updates of Food Safety Regulatory Frameworks from Cambodia, Myanmar, Laos and Vietnam

### ILSI Japan / MAFF Project
Funded by Ministry of Agriculture, Forestry and Fisheries (MAFF), Japan

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### ILSI Japan CHP’s activities

#### Project IDEA
(Iron Deficiency Elimination Action)

The symposium “Micronutrient Fortification – Science and Strategy for Public Health Improvement in Asia”
IUNS 20th International Congress of Nutrition September, 2013, Granada, Spain
Co-sponsor: ILSI Japan CHP, ILSI SEAR, ILSI FP China and GAIN

Project IDEA has worked on establishing scientific evidence related to food fortification and has proposed implementation of fortification programs for more than 10 years to both the public and private sectors.

The symposium could show a milestone in demonstrating a successful partnership between academia and both the public and private sectors for food fortification.

#### Project SWAN
(Safe Water and Nutrition)

**SWAN 1** (2005-2008)
- **Model Development**
  - **Achievements**: Established a workable model for sustainable clean water supply and health communication through IEC promotion and WTF management.

**SWAN 2** (2010-2013)
- **Model Verification**
  - **Achievements**: Assured the effectiveness and sustainability of the SWAN model through the build-up of local ICAPs.

**SWAN 3** (From 2013 - onward)
- **Model Adaptation**
  - **Goal**: To expand the SWAN model on a nationwide basis by encouraging adoption of the model for water and health related programs in all provinces.

#### Project PAN
(Physical Activity and Nutrition)

<table>
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<th>Three types of promotion strategies</th>
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<td>Introduce TAKE10! to professionals in local governments</td>
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<td>Introduce TAKE10! to elderly peer leaders in local areas</td>
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<td>Collaboration with Universities or Institutes</td>
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#### Symposium program

**Keynote:** GAIN’s Global Strategy on Food Fortification to Improve Public Health–Asia Highlights

**China:** Iron Fortified Soy Sauce in China – An Assessment of 10 Years of Policy and Business Development

**Vietnam:** Iron-fortified Fish Sauce – Evaluating and Adopting a Successful Model

**Cambodia:** Iron Fortified Fish Sauce – Progress and Development

**Philippines:** Iron Fortified Rice – Lessons learnt, Opportunities and Challenges

#### Project SWAN (Safe Water and Nutrition)

**Ishinomaki TAKE10® project**
To assist the Tohoku earthquake victims who live in Ishinomaki city
- Support the Social Welfare Council and local health workers.
- ILSI Japan staff train several people living in temporary housing as peer leaders, and promote TAKE10® program with them at 3 sites.
- Students at Ishinomaki Senshu University participate in this project as TAKE10® leaders at 4 sites.

The twelfth most accessed article of 2013 in BMC Geriatrics!